

# Christ the King Parish

~ Archdiocese of Saint Boniface ~

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Weekend Mass Times: Saturday at 4pm Sundays at 9am & 11am

Weekday Mass Times: Tuesday to Friday at 10am

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## First Sunday of Lent

## March 9<sup>th</sup>, 2025.

### Our Journey in Lent

In order for us to faithfully and righteously live this Season of Lent, we have to remember: Lent isn't about just 'giving-something-up for 40 days', or 'not-doing-something-for-this-6-weeks', or 'sacrificing something for the days of the Lenten Season'... and then once Easter comes, we can go back to our previous habits. That's not the point of Lent. The journey of the liturgical Season of Lent is about conversion, a journey along which we are all called to specifically scrutinize or examine our way of life as a disciple of Christ, and where we need to allow God into our lives to change our heart, attitudes, and actions. (We can choose to do this on any day, at any time during the year, too.)

On this First Sunday of Lent, we begin this yearly journey of soul-searching and conversion by deepening our relationship with Jesus. We offer to God the disciplines ('root word: *disciple*) of penance ('*prayer, fasting, almsgiving*', our '*acts of service and charity*') because we love God. The Lord calls us to pray in a new and more devoted way... to think in a new and more discerning way... to act in a new and more compassionate way... to see things in a new and more attentive way... to give in a new and more generous way... to speak to one another in a new and gentler way... to listen and be more patient and understanding in a new and more loving way...

Our Lenten songs and psalms have a theme: "Create in me a clean heart, O God", and "Have mercy, Lord, cleanse me from all my sin." Save your people, O Lord." Whether we know if or not, our hearts yearn and thirst and long to be more intimately united and at one with the Divine; to be healed, to be at peace, to be made whole. And it is only in God's mercy, grace, and great love through Christ Jesus, with the power of Holy Spirit that we can ever be transformed and created

anew. We have to be willing to invite the Lord God into our hearts, and willing allow God permission to change us.

+ May we desire to make our **prayer** time with the Lord Jesus a daily routine that deepens and heals our relationship with God, a prayer-practice that we hopefully commit to each day...and for the rest of our lives.

+ We are called to fast, but that doesn't mean to starve or neglect ourselves. We must take care of our temple bodies, a gift created and given by God. As we abstain and empty ourselves by fasting from food, treats, and overindulgence, may our hungers and cravings be filled and satisfied by humbly receiving and accepting the

Lord's grace. May we make the commitment to our fast by repenting (turning back) to God, choosing to become more mindful and attentive throughout our whole day...and for the rest of our lives.

+ May we graciously receive the strength to continue the almsgiving of our time, talent, and treasure more generously and consciously throughout each day... for the rest of our lives...

Let us unite together in our Lenten prayer, fasting and almsgiving, being thought-full and supportive of one another as we join ourselves through, with, and in God.

### As Pilgrims of Hope journeying in this Jubilee

**Year 2025**, may we repent and allow the Lord to walk with us in the wilderness of the dry lenten desert. We cannot live on bread alone, but on every word that comes from the mouth of God. May we worship the Lord our God, and serve only God. With our hearts full of humility and repentance, O Lord, give us the grace to never put you to the test. Strengthen and give us the courage to always reject evil, and lead us away from all temptation.

Thank you All for uniting your voices together to pray the special Jubilee prayer, found in your pews. God is Good !



The Church's liturgical Lenten Journey has begun, and we are called to empty ourselves, making a sacred space for the wisdom, grace and healing of God to live within us along our life's journey. Like Jesus, ours is a journey through a dry desert. We wait in active expectation and awareness through prayer, fasting, and almsgiving. May we allow God's Spirit to breathe in us and "shake the sand and dust" from our hearts, cleansing and renewing us with Love.

**FIRST READING** (Deuteronomy 26:4-10) ~ Past events of God's salvation are celebrated in the liturgical action of bringing the first fruits of the earth to the altar. Hope for the future is based on the loving fidelity of the God of all.

**SECOND READING** (Romans 10:8-13) ~ The content of faith is the fact that Jesus is Lord in virtue of his resurrection from the dead.

**GOSPEL** (Luke 4:1-13) ~ As Jesus prepares for his public ministry he faces temptation and trials suggested insidiously by the evil one in the dry desert. Jesus has lived and experienced humanity, and so, knows our weaknesses.



During his 40 days in the dry desert, Jesus faced various temptations and trials. On this First Sunday of Lent, we

hear three of the temptations of the evil one:

As his hungry body craved food, Jesus rejected the temptation to command a stone to become a loaf of bread. By his example, He taught us poorness in spirit: ("One cannot live on bread alone..."). We were created by God, and God knows our needs. We require nourishment in both body and spirit: food/water, and a faithful dependence on every holy word that God shares with us.

As Jesus prepared for his public ministry, he experienced the temptation of the human ego to possess glory and power in a worldly way, offered by the evil one ("To you, I will give..."). Jesus taught us humility by rejecting the temptation to gain power and glory. He instead chose to give his life in service by preaching, teaching and loving his people.

And Jesus rejected the temptation of the evil one to put God to the test; to see if God would send his Angels to protect him. Jesus, in his divinity, already knows the love of the Trinity. In his humanity, Jesus teaches us to have faith and trust that God is God, and to worship God alone.

**LENTE PENANCE EVENING**  
at **CHRIST THE KING CHURCH**  
Thursday, March 27<sup>th</sup> at 7:00pm



**STATIONS of the CROSS**  
at **Christ the King Church**

Everyone is invited to come to pray the Stations together throughout the Lenten Season – Friday evenings at 7pm.

**Mass & the Sacrament of Anointing of the Sick** is celebrated on the first Friday of the month at 10am Mass. Exposition follows until 12noon.



Daylight Saving Time has begun. Before you went to sleep this weekend, on Saturday, March 8<sup>th</sup>, hope you remembered to spring your clocks forward 1 hour...



## Parish Schedule

**Saturday, March 8<sup>th</sup>, 2025** **Vigil of the First Sunday of LENT**

4pm Mass ~ For her husband Luigi D'Abramo+.

By his wife Maria D'Abramo & Family



**Sunday, March 9<sup>th</sup>** **First Sunday of LENT**

9am - 10:45am Catechism Classes.

9am Mass ~ For Heinz+ & Rita+ Herold. By CTK Friends

11am Mass ~ For the needs & intentions of all People.

**Monday, Mar. 10<sup>th</sup>** **Weekday in Ordinary Time**

No Mass in our Parish on Mondays.

Rosary is prayed at 9:30am Tuesday to Friday, followed by 10am morning Mass. Fr. Chrys is also available to celebrate the Sacrament of Penance (Confession) immediately after morning Mass - Tuesday to Friday.

**Tuesday, Mar. 11<sup>th</sup>** **Weekday of LENT**

10am Mass ~ For continued good health for Jeannine. By her Family

7pm Knights' General Meeting - St. Mary Room

**Wednesday, Mar. 12<sup>th</sup>** **Weekday of LENT**

9:30am Rosary

10am Mass ~ For guidance for Talon. By the Berthelette Family

6:30-8:30pm Lenten Retreat: Horizons for Hope - in Lennox Hall

**Thursday, Mar. 13<sup>th</sup>** **Weekday of LENT**

10am Mass ~ For Heinz Herold+. By Jeannette & Brian Kozun

7pm-8:30pm Catechism Craft Night - Register w/ [suzette@ctkp.ca](mailto:suzette@ctkp.ca)

**Friday, Mar. 14<sup>th</sup>** **Weekday of LENT**

10am Mass ~ For healing for Jeannine. By her Family

7pm R.C.I.A. (Adult Faith Formation) Gathering

7pm Evening Healing Prayer

7pm Stations of the Cross - in the church worship space

**Saturday, Mar. 15<sup>th</sup>** **Vigil of Second Sunday of LENT**

10:30am Conf. Class to Cathedral / 1pm Euch. Class to Shrine

4pm Mass ~ For the needs & intentions of all People.

**Sunday, Mar. 16<sup>th</sup>** **Second Sunday of LENT**

9am - 10:45am Catechism Classes

9am Mass ~ For Babatunde Okebenro Lakabo+.

By the Chira & Krakue Family

11am Mass ~ For Heinz Herold+. By Bob Josephine Mots

**May we unite our hearts together in prayer for:**

Jean, B. John, Harold Abs, Bernie Bourret, Lise Daley, Orval Everett, Helena Facto, Lynne Funk, Lisa Hackett, Catherine Holmes, Catherine Hyska, Ed Labossiere, Lois Lecuyer, Olga & Walter Majola, Helene McShane, Silvia & Hans J. Müllerleile, Eamonn O'Reilly, Charlene Ottenbreit, Pamela Rebello, Rose Rogers, Inez Rowson, Arlette Schamber, Joel Stone, Priyantha Subasinghe, Makenna Stratton, Marcel Verdonck, Marie Viallet ...for all the suffering who seek healing and comfort in body, mind or spirit... for a spirit of reconciliation and forgiveness among all peoples and nations... for peace and effective communication between all government leaders... for forgiveness and reconciliation in relationships... for Youth and Young Adults to grow in faith and integrity...

Our sincere condolences, thoughts & prayers to Jean & Columb Cryan & their family & friends grieving the death of Jean's brother, Leonard Kardash. †

Blessings & Congratulations to Ailyn & Darnell dela Cruz, celebrating their 25<sup>th</sup> Wedding Anniversary.



## CATHOLIC WOMEN'S LEAGUE (C.W.L.)

1/ **Collection of Toiletries** - Bars of soap, deodorant, shampoo & conditioner, toothpaste & soft toothbrushes, hand cream, etc. are being graciously accepted and gathered together to drop off at *Street Links of St. Boniface*, a resource for the homeless and those living in encampments. Label any bags with "CWL", and place them on the counter at the parking lot entrance. Thank you!

2/ A big thank you from *Street Links* to everyone who donated a variety of homemade sandwiches, fresh cut vegetables, granola bars, hot chocolate and other treats as well as cash donations. Because of your generosity, *Street Links* was able to provide food for 4 lunches to their residents at *St. Boniface Street Links Morberg House* and 604 St. Mary's Road Bed Program/Safe Space. Some of the sandwiches were picked up by the *Street Links Outreach Team* and provided to the homeless living in encampments. Your generosity is very much appreciated.

## CTK KNIGHTS of COLUMBUS NEWS

1/ **General Meetings** ~ Second Tuesday of the month. Next meeting: Mar. 11<sup>th</sup> @ 7pm.

2/ **ICCD ("Inter-Council Charity Drive")** for various prizes - first prize is a Car. Tickets are available for purchase from one of the Knights after Mass times. 3 tix for \$10.00.

3/ **Fish Dinner** - April 5<sup>th</sup>. Watch the Bulletins for more news.

*If we allow God's mercy to be received into our hearts, then we will be transformed, becoming a new creation in Christ Jesus.*

*Relationships cannot be forced. When we love someone, we give and take... we sacrifice... we forgive... we care... we spend time together... It is not out of fear or punishment that we do these things - it is out of love and a desire to be closer, and for the relationship to deepen.*

*The same is true in our relationship with our God. God is the initiator, always present to us. It is we who turn away in our sinfulness of pride. It is God's gentle yet persistent invitation we are responding to when we repent and seek to deepen our relationship with the Lord from our side.*

*How is God inviting you to deepen your relationship together in this Lenten Season through the disciplines of prayer, fasting, and almsgiving? Whatever you choose to do on this Lenten journey, God will know where your heart is, and will lead, guide and strengthen you. As individuals and as a community of Pilgrims on a lenten journey of conversion, let us repent, and put our hope and trust in the Lord, asking God for mercy and forgiveness.*

*Holiness doesn't mean doing extraordinary things, but doing ordinary things with love and faith. ~ Pope Francis*

**Sunday Collection Envelope Boxes** ~ There are nine issued boxes of Sunday Collection envelopes remaining at the parking lot entrance. If you no longer want or need them, please inform the Parish Office.

### Weekend Charitable Offerings

- Sunday Collection offering Envs. \$3,107.25
- Building (Blue box & pew envs.) \$ 335.00

*Thank you for your generous offerings!*

**Attention Parents and Guardians:** *We would like to preserve the safety of all children while they are in Christ the King Church. We ask please, that parents and guardians maintain a vigilance and take responsibility for the safety of their child/children whether up in the balcony, around staircases, the vigil candles, in the washrooms, and in the parking lot. We know that children are naturally curious and spontaneous and do not want anything untoward to happen. A gracious thank-you for your attention. ~ Parish Pastoral Council*

**Evening Healing Prayer for Survivors of Clergy Sexual Abuse** ~ Friday, Mar. 14<sup>th</sup> at 7pm in CTK church. All are invited to join together in prayer to end abuse and bring healing for survivors. No one will be asked to identify themselves; no photos; no media. Counselors will also be available.

**Sign-Up for our PARISH LENTEN RETREAT ~ Horizons of Hope: 4-week Palliative Care Program from CCCB** ("Catholic Conference of Canadian Bishops"). > Wednesdays ~ Mar. 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>, and Apr. 2<sup>nd</sup>, from 6:30-8:30pm downstairs in our CTK Lennox Hall. These educational sessions will be offered on end-of-life and palliative care resources. There will be opportunities for learning, listening, discussion, reflection and sharing. Everyone is invited. No charge, however, please **REGISTER by signing-up** on the sheet at the parking lot entrance.

## Lenten Penance - Practices - Disciplines

+ **Prayer** ~ *Let us commit to a routine of prayer, allowing the Lord to feed our Spirits and strengthen our relationship in love.*

+ **Fasting** ~ *May we choose mindfully to limit our food and drink, snacks and treats, emptying ourselves to be filled with the healing, goodness and wisdom of the Lord God.*

+ **Almsgiving** ~ *Let us give generously of our time, talent, and treasure to benefit others, without expecting anything in return.*

**Meaning of Abstinence** ~ Abstinence is understood to mean "not eating meat" (usually on Fridays). Depending on your particular food intake/diet, Catholics may also substitute special acts of charity or piety on this day. Ash Wednesday and Good Friday are also days of fasting and abstinence from meat. The law of "abstinence from meat" is strongly encouraged for those who are 14 yrs. and older. (We can all do without meat for one day, at least). The law of "fasting" is strongly encouraged for those from 18-59 years of age. (Those with serious health issues are urged to choose their fast wisely.) The faithful actions modeled by adults will be the greatest influence in the faith of children. (*Ordo, Lit. Calendar*)



You are invited to visit CTK Parish Website & Facebook Page >

[www.ctkp.ca](http://www.ctkp.ca)

CTK School > [www.ctkschool.ca](http://www.ctkschool.ca)

St. Boniface Archdiocese > [www.archsaintboniface.ca](http://www.archsaintboniface.ca)

Mark your Calendars! **Parish Community Annual Meeting - ("PCAM")** ~ Saturday, April 26<sup>th</sup>, downstairs in Lennox Hall, from 10am to 12:00noon, followed by lunch. The Theme/focus of our PCAM is: **The Business of the Church is the Mission of Christ.** All Parishioners are invited to attend. A sign-up sheet will be available on the parking lot entrance counter next weekend.

# Children's Corner

Dear Girls & Boys, we have started our journey in the lenten desert, with a desire to repent – to turn back – to the Lord for mercy; doing our lenten practices of fasting, praying, and giving alms. Let us ask our Lord Jesus to have mercy and cleanse our hearts. O Lord, help, guide, support and inspire us as we walk as individuals, as family, and as community on a pathway of conversion in Christ.

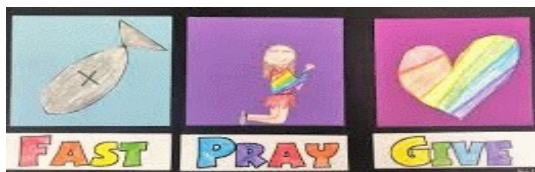


**AGONY ALMS ANGELS BREAD CLEANSE  
COMMAND DEPART DESERT FAST FOCUS  
FORTY GIVE GLORY HEAR HOLD IF LED  
LENT LIVE PRAY PROTECT SPIRIT STONE  
SUPPORT TURN TEMPTED TEST  
WILDERNESS WORD WORSHIP**

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*Lent is a new beginning, a path leading to the certain goal of Easter, Christ's victory over death. ~ Pope Francis*

Christ the King SCHOOL is still accepting applications for Junior Kindergarten for the 2025-2026 school year (must be 4 years old by December 2025). Here is the link to their application website: <https://www.ctkschool.ca/ctk-application-20252026/> Junior Kindergarten receives a full tax receipt on fees for Income Tax for daycare.



## CHRIST THE KING PARISH MISSION

Christ the King is a Roman Catholic Parish called to share generously our time, talents and treasures in the making of disciples of Christ.  
(Matthew 28:18-20)



### VISION

To be an inclusive and caring community of service where everyone is invited and welcomed to be nourished fully through word, witness and worship.

### VALUES

Inviting, Welcoming and Outreach  
Building Relationships  
Faith and Worship  
Compassion and Generosity

## Faith Formation News

### Sacramental Preparation Classes

- > **First Penance Last Class & Parent Day**  
Saturday, March 8<sup>th</sup> from 1pm - 3pm.
- > **First Penance Retreat** in Lennox Hall  
Saturday, March 22<sup>nd</sup> from 12 noon - 3pm.
- > **First Penance Celebration** in the church  
Saturday, April 5<sup>th</sup> from 12noon – 2pm.
- > **First Eucharist Field Trip** to Shrine  
Saturday, March 15<sup>th</sup> from 1pm - 3pm.
- > **Confirmation Class Visit** to Cathedral  
Saturday, March 15<sup>th</sup> from 10:30am – 12:30pm.



**Catechism Family Craft Night** is taking place on Thursday, March 13<sup>th</sup> from 7-8:30 pm! Similar to our family movie nights, we are inviting the children and their families to come out to complete a craft together and get to know other families as well. We are planning to do a 3D model to do with Lent and Easter! If you are interested in attending, please email [suzette@ctkp.ca](mailto:suzette@ctkp.ca)

**Lenten Letters Program** ~ In the spirit of uniting our Sunday morning Catechism class with our wider Parish community, interested Parishioners are invited to become mentors for one of our 23 Catechism students. Please sign-up on the sheet by the parking lot doors. This would involve writing 4 letters to each other. The program will begin Sunday, March 16<sup>th</sup> with the children writing the first batch of letters. Contact [suzette@ctkp.ca](mailto:suzette@ctkp.ca) for info.

> **Youth Group Meet-Up** ~ All Youth (12-18 yrs) are invited to c'mon out, and join the Group to grow together in faith, and build community. Next Meet-Up is Friday, March 21<sup>st</sup> from 7-9pm.



Next MASS with CHILDREN will be celebrated Sunday, Mar. 23<sup>rd</sup> at 11am Mass time. All Families with children are especially invited to come celebrate and worship God at this special Mass. Children interested in singing: Choir practice: Tuesday, Mar. 11<sup>th</sup> from 7-8:30pm.

Watch the Bulletin. Questions? Please email [suzette@ctkp.ca](mailto:suzette@ctkp.ca) or phone 431-373-0572.